



The Meeting

BAR & RESTAURANT

Lunch Menu

Mon - Fri (12pm - 3pm)

From £ 6.95

(Eat in only / Except Bank Holiday & Special Day)

The Meeting Bar & Restaurant
253 Southbury Road Enfield London EN11RG

THAI FOOD



...Starters...

1. **Chips** [G] £ 3.95
Deep fried potato served with ketchup.
2. **Kanom Jeeb** [G, C, SE, E] £ 5.95
Steamed minced pork dumplings and water chestnut, Chinese mushroom topped with fried garlic and sweet soy sauce
3. **Satah Kai** [P, C, M, CE] £ 6.95
Skewers of tender marinated chicken served with cucumber and peanut sauce
4. **Kanom Pung Namoo** [SE, E, MO, F] £ 6.95
Savoury minced pork and prawn on toast, deep fried served with sweet chilli sauce
5. **Thai Fish Cake** [F, MO, P] £ 6.95
A blend of minced fish, mild red curry paste, green beans, lime leaves, deep fried served with sweet chilli sauce and peanut
6. **Kung Pao** [F, MO, G] 🌶️ £ 6.95
Grilled prawns served with spicy chilli sauce
7. **Peek Kai Tod** [G, F, MO, CE] £ 5.95
Deep fried match stick Chicken wings served with sweet chilli sauce
8. **Butter Fry Prawns** [G, E, C] £ 6.95
Deep fried marinated prawns in breadcrumbs served with sweet chilli sauce
9. **Kung Hom Pha** [G, F, MO] £ 6.95
Deep fried marinated prawns wrapped in filo-pastry served with sweet chilli sauce
10. **Prawn Crackers** [G, F, MO, C] £ 2.95
Deep fried prawn crackers served with sweet chilli sauce
11. **Hoy Malang Poo** [C, F, MO, G] 🌶️ £ 6.95
Steamed mussels with lemon grass and basil leaves served with spicy chilli sauce
12. **The Meeting Scallops** [C, F, MO, G] £ 8.95
Steamed scallops in special home made Thai herb sauce
13. **The Meeting Platter** [F, MO, G, P, C, M, CE, SE, E] (Price per person) £ 7.50
Spring Rolls, Satah kai, Kanom pung namoo, Thai fish cake and Butter fry prawns. (minimum order for 2 people)

FOOD ALLERGY KEY

[P] Peanuts [MO] Molluscs [SD] Sulphur Dioxide [G] Gluten [CE] Celery [E] Eggs
 [S] Soya [N] Nuts [MU] Mustard [L] Lupin [M] Milk & Dairy [F] Fish
 [SE] Sesame Seeds [C] Crustaceans [🌶️] Slightly Spicy [🌶️🌶️] Medium Spicy [🌶️🌶️🌶️] Very Spicy

*** Please inform us of any allergies before ordering ***

Service charge 10% to be added



...Soups...

14. **Tom Yum Kung** [F, MO, CE] 🌶️🌶️ £ 6.95
 Spicy prawns soup flavoured with lemon grass, lemon juice, chilli and mushroom
15. **Tom Yum Kai** [F, MO, CE] 🌶️🌶️ £ 6.25
 A hot soup with chicken, lemon grass, lemon juice, chilli and mushroom
16. **Tom Yum Talay** [F, MO, C, CE] 🌶️🌶️ £ 7.95
 Seafood in a spicy broth flavoured with lemon grass, lemon juice, chilli and mushroom
17. **Tom Kha Kung** [F, MO, C, CE] 🌶️ £ 6.95
 A creamy spicy soup contains prawns, coconut milk, galangal root, herb, lemon grass, lemon juice, chilli and mushroom
18. **Tom Kha Kai** [CE] 🌶️ £ 6.25
 A creamy spicy soup contains chicken, coconut milk, galangal root, herb, lemon grass, lemon juice, chilli and mushroom

...Salads...

... Starter or Main Course ...

Thai salad is a traditional method of Thai cooking, producing a spicy salad using fish sauce, lemon juice and fresh chilli

19. **Yum Neur** [SE, F, MO, CE, SD] 🌶️🌶️🌶️ £ 9.95
 With small slices of beef
20. **Yum Pla Muek** [F, MO, C, CE] 🌶️🌶️ £ 9.95
 With squid
21. **Yum Woon Sen** [F, MO, C, CE] 🌶️🌶️ £ 9.95
 With Transparent noodles, chicken and prawns
22. **Yum Talay** [F, MO, C, CE] 🌶️🌶️ £ 15.95
 With mixed seafood
23. **Plar Kung** [F, MO, C, CE, G] 🌶️🌶️🌶️ £ 9.95
 Spicy prawns salad with lemon grass, onion, chilli oil and lime juice

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...Lunch Menu...

(Served With Rice)

...Curries...

24. **Kang Dang Chicken** [F, MO, C, CE] 🌶️🌶️ £ 6.95
Red curry mixture of red chilli, lemon grass, lime leaves, bamboo shoots, spices and herbs cooked in coconut milk
25. **Kang Dang Pork** [F, MO, C, CE, SD] 🌶️🌶️ £ 6.95
Red curry mixture of red chilli, lemon grass, lime leaves, bamboo shoots, spices and herbs cooked in coconut milk
26. **Kang Dang Beef** [F, MO, C, CE, SD] 🌶️🌶️ £ 6.95
Red curry mixture of red chilli, lemon grass, lime leaves, bamboo shoots, spices and herbs cooked in coconut milk
27. **Kang Keaw Wan Chicken** [F, MO, C, CE] 🌶️🌶️ £ 6.95
Green curry mixture of green chilli, bamboo shoots and herbs cooked in coconut milk
28. **Kang Keaw Wan Pork** [F, MO, C, CE, SD] 🌶️🌶️ £ 6.95
Green curry mixture of green chilli, bamboo shoots and herbs cooked in coconut milk
29. **Kang Keaw Wan Beef** [F, MO, C, CE, SD] 🌶️🌶️ £ 6.95
Green curry mixture of green chilli, bamboo shoots and herbs cooked in coconut milk
30. **Kang Keaw Wan Prawn** [F, MO, C, CE] 🌶️🌶️ £ 7.95
Green curry mixture of green chilli, bamboo shoots and herbs cooked in coconut milk

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... Panang ...

31. **Chicken Panang** [F, MO, C, CE] 🌶️🌶️ £ 6.95
A dry aromatic curry sauce with less coconut milk and therefore slightly drier
32. **Pork Panang** [F, MO, C, CE, SD] 🌶️🌶️ £ 6.95
A dry aromatic curry sauce with less coconut milk and therefore slightly drier
33. **Beef Panang** [F, MO, C, CE, SD] 🌶️🌶️ £ 6.95
A dry aromatic curry sauce with less coconut milk and therefore slightly drier
34. **Prawn Panang** [F, MO, C, CE] 🌶️🌶️ £ 7.95
A dry aromatic curry sauce with less coconut milk and therefore slightly drier
35. **Kang Kua Kung Supparod** [F, MO, C, CE] 🌶️🌶️ £ 7.95
Thai cooking with prawns, coconut milk, sliced pineapple in a red curry
36. **Kang Kra Ree Kai** [F, MO, C, CE] 🌶️🌶️ £ 6.95
Thai cooking with chicken, coconut milk, onion, potatoes in a yellow curry

... Sweet & Sour Dishes ...

37. **Preaw Wan Kai** [CE, G] £ 6.95
Stir fried Chicken Thai style including onions, cucumber, Bell peppers, Pineapple, tomatoes with sweet and sour sauce
38. **Preaw Wan Moo** [CE, SD, G] £ 6.95
Stir fried Pork Thai style including onions, cucumber, Bell peppers, Pineapple, tomatoes with sweet and sour sauce
39. **Preaw Wan Kung** [C, MO, G] £ 7.95
Stir fried Prawns Thai style including onions, cucumber, Bell peppers, Pineapple, tomatoes with sweet and sour sauce
40. **Preaw Wan Pla** [F, MO, G] £ 7.95
Crispy fried fillet of Tilapia including onions, cucumber, Bell peppers, Pineapple, tomatoes with sweet and sour sauce

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...Seafood Dishes...

41. **Kung Kra Tiam** [C, F, MO, CE, G] £ 7.95
stir fried prawns with garlic and pepper
42. **Kung Makam** [C, F, MO, CE, G] £ 7.95
stir fried prawns with pepper, onion and tamarind sauce
43. **Kung Krapraw** [C, F, MO, CE, G] 🌶️ £ 7.95
stir fried prawns with chilli and basil leaves
44. **Kung Pad Tua Lantao** [C, F, MO, CE, G] £ 7.95
stir fried prawns with mangetout, oyster sauce, garlic and pepper
45. **Kung Pad Broccoli** [C, F, MO, CE, G] £ 7.95
stir fried prawns with broccoli, oyster sauce, garlic and pepper
46. **Pla Rad Prik** [F, MO, CE, G] 🌶️ £ 7.95
Deep fried crispy fillet of Tilapia topped with chilli sauce
47. **Pla Chu Chi** [F, MO, CE, G] 🌶️ £ 7.95
Deep fried fillet of Tilapia topped with red curry sauce, basil leaves, chilli and kaffir lime leaves
48. **Pla Muek Kra Tiam** [F, MO, CE, G] £ 7.95
stir fried squid with garlic and pepper
49. **Pla Meuk Krapraw** [F, MO, CE, G] 🌶️ £ 7.95
stir fried squid with chilli and basil leaves

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..Chicken Dishes..

50. **Kai Kratiam** [F, MO, G, CE] £ 6.95
stir fried chicken with garlic and pepper
51. **Kai Krapraw** [F, MO, G, CE] 🌶️ £ 6.95
stir fried chicken with chilli, basil leaves and vegetables
52. **Kai Pad Med Ma Muang** [F, MO, G, CE, N] 🌶️ £ 6.95
stir fried chicken with cashew nut and chilli
53. **Kai Num Mun Hoí** [F, MO, G, CE] £ 6.95
stir fried chicken with oyster sauce, onion and mushrooms
54. **Kai Pad Khing** [F, MO, G, CE] £ 6.95
stir fried chicken with fresh ginger, pepper, onion and mushrooms

..Beef Dishes..

55. **Neur Kratiam** [SD, F, MO, G, CE] £ 6.95
stir fried beef with garlic and pepper
56. **Neur Kee Mow** [SD, F, MO, G, CE] 🌶️ £ 6.95
stir fried beef with garlic, chilli, lime leaves and fine bean
57. **Neur Krapraw** [SD, F, MO, G, CE] 🌶️ £ 6.95
stir fried beef with chilli and basil leaves
58. **Neur Num Mun Hoí** [SD, F, MO, G, CE] £ 6.95
stir fried beef with oyster sauce, onion and mushrooms

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...Pork Dishes...

59. **Moo Kratiam** [SD, F, MO, G, CE] £ 6.95
 stir fried pork with garlic and pepper
60. **Moo Krapraw** [SD, F, MO, G, CE] 🌶️ £ 6.95
 stir fried pork with chilli and basil leave
61. **Moo Makam** [SD, F, MO, G, CE] £ 6.95
 stir fried pork with pepper, onion and tamarind sauce
62. **Moo Pad Khing** [SD, F, MO, G, CE] £ 6.95
 stir fried pork with fresh ginger, pepper, onion and mushrooms

... THE MEETING FRIED RICE ...

63. **Kao Pad Siam** [C, CE, S, E] £ 7.95
 Fried rice with prawns, chicken, egg and vegetables
64. **Kao Pad Poo** [C, CE, S, E] £ 7.95
 Fried rice with crab meat, egg and vegetables
65. **Kao Pad Kai** [CE, S, E] £ 6.95
 Thai fried rice with chicken in dark soya sauce, egg and vegetables
66. **Kao Pad Moo** [SD, CE, S, E] £ 6.95
 Thai fried rice with Pork in dark soya sauce, egg and vegetables
67. **Kao Pad Neur** [SD, CE, S, E] £ 6.95
 Thai fried rice with Beef in dark soya sauce, egg and vegetables
68. **Kao Pad Kung** [C, CE, S, E] £ 7.95
 Thai fried rice with king prawns in dark soya sauce, egg and vegetables

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... NOODLES ...

69. **Pad Thai Kai** [E, P, F, MO, CE] £ 6.95
Rice noodles stir fried with Chicken, bean sprout, egg, grounded peanut and spring onion
70. **Pad Thai Moo** [E, P, F, MO, CE, SD] £ 6.95
Rice noodles stir fried with Pork, bean sprout, egg, grounded peanut and spring onion
71. **Pad Thai Neur** [E, P, F, MO, CE, SD] £ 6.95
Rice noodles stir fried with Beef, bean sprout, egg, grounded peanut and spring onion
72. **Pad Thai Kung** [C, E, P, F, MO, CE] £ 7.95
Rice noodles stir fried with King Prawns, bean sprout, egg, grounded peanut and spring onion
73. **Pad Si Ew Kai** [F, MO, E, G] £ 6.95
Flat noodles stir fried with Chicken in dark soya sauce, egg and vegetables
74. **Pad Si Ew Moo** [F, MO, E, G, SD] £ 6.95
Flat noodles stir fried with Pork in dark soya sauce, egg and vegetables
75. **Pad Si Ew Neur** [F, MO, E, G, SD] £ 6.95
Flat noodles stir fried with Beef in dark soya sauce, egg and vegetables
76. **Pad Si Ew Kung** [F, MO, E, G, C] £ 7.95
Flat noodles stir fried with King Prawns in dark soya sauce, egg and vegetables
77. **Quay Tiew Kee Mow Kai** [CE, F, MO, E, G] 🌶️ £ 6.95
Flat noodles stir fried spicy with chicken, egg, basil leaves and vegetables
78. **Quay Tiew Kee Mow Moo** [SD, CE, F, MO, E, G] 🌶️ £ 6.95
Flat noodles stir fried spicy with Pork, egg, basil leaves and vegetables
79. **Quay Tiew Kee Mow Neur** [SD, CE, F, MO, E, G] 🌶️ £ 6.95
Flat noodles stir fried spicy with Beef, egg, basil leaves and vegetables
80. **Quay Tiew Kee Mow Kung** [C, CE, F, MO, E, G] 🌶️ £ 7.95
Flat noodles stir fried spicy with prawns, egg, basil leaves and vegetables

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...Vegetarian...

... STARTERS ...

81. **Spring Roll** [SE, G] £ 5.95
 Spring rolls Thai style with carrot, cabbage and transparent noodles served with sweet chilli sauce
82. **Tempura Vegetable** [G] £ 5.95
 Deep fried mixed vegetables in batter served with sweet chilli sauce
83. **Tofu Tord** [P, G] £ 6.95
 Bean curd deep fried till crispy with peanuts, chilli and cucumber served with sweet chilli sauce

... SOUPS ...

84. **Tom Chued Jay** [CE, S, G] £ 5.95
 A clear tofu soup with transparent noodles, spring onions and mushroom
85. **Tom Yum Hed** [CE, F, MO] 🌶️🌶️ £ 5.95
 A hot soup with mushroom, lemon grass, lemon juice and chilli
86. **Tom Kha Hed** [CE, F, MO] 🌶️ £ 5.95
 A creamy spicy soup with mushroom, coconut milk, galangal root, herb, lemon grass, lemon juice and chilli

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... MAIN DISHES ...

(Served With Rice)

87. **Kang Dang Jay** [G, CE, F, MO]  £ 6.95
Red curry with mixed vegetables
88. **Kang Keaw Jay** [G, CE, F, MO]  £ 6.95
Green curry with mixed vegetables
89. **Preaw Wan Jay** [CE, G] £ 6.95
Stir fried mixed vegetables with Sweet and sour sauce
90. **Pad Woon Sen** [F, MO, G, CE, E] £ 6.95
Stir fried transparent noodles with egg and vegetables
91. **Normal Pad Kai** [F, MO, G, CE, E] *Restaurant* £ 6.95
Stir fried bamboo shoot with egg and vegetables
92. **Panang Tofu** [CE, C, F, MO]  £ 6.95
Stir fried tofu with curry sauce with less coconut milk and therefore slightly drier
93. **Pad Khing Tofu** [F, MO, G, CE] £ 6.95
Stir fried tofu with fresh ginger, pepper, onion and mushrooms
94. **Pad Thai Jay** [P, F, MO, G, CE, E] £ 6.95
Rice noodles stir fried with bean sprout, egg, grounded peanut and spring onion
95. **Pad Si Ew Jay** [F, MO, G, CE, E, S] £ 6.95
Rice noodles stir fried with egg in dark soya sauce and vegetables
96. **Pad Pak** [F, MO, G, CE, S] £ 6.95
Stir fried mixed vegetables with garlic and soya sauce

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... VEGAN Options ...

... Starters ...

97. **Spring Roll** [SE, G] £ 5.95
Spring rolls Thai style with carrot, cabbage and transparent noodles served with sweet chilli sauce
98. **Tempura Vegetable** [G] £ 5.95
Deep fried mixed vegetables in batter served with sweet chilli sauce
99. **Tofu Tord** [P, G] £ 6.95
Bean curd deep fried till crispy with peanuts, chilli and cucumber served with sweet chilli sauce

... SOUPS ...

100. **Tom Chued** [CE, S, G] £ 5.95
A clear tofu soup with transparent noodles, spring onions and mushroom
101. **Tom Yum** [CE] 🌶️ £ 5.95
A hot soup with mushroom, lemon grass, lemon juice and chilli
102. **Tom Kha** [CE] 🌶️ £ 5.95
A creamy spicy soup with mushroom, coconut milk, galangal root, herb, lemon grass, lemon juice and chilli

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... MAIN DISHES ...

(Served With Rice)

- | | |
|--|--------|
| 103. Kang Dang [G, CE] | £ 6.95 |
| Red curry with mixed vegetables | |
| 104. Kang Keaw [G, CE] | £ 6.95 |
| Green curry with mixed vegetables | |
| 105. Preaw Wan [CE, G] | £ 6.95 |
| Stir fried mixed vegetables with Sweet and sour sauce | |
| 106. Pad Normaí [G, CE] | £ 6.95 |
| Stir fried bamboo shoot with vegetables | |
| 107. Pad Khing Tofu [G, CE] | £ 6.95 |
| Stir fried tofu with fresh ginger, pepper, onion and mushrooms | |
| 108. Pad Thai [P, G, CE] | £ 6.95 |
| Rice noodles stir fried with bean sprout, grounded peanut and spring onion | |
| 109. Pad Sí Ew [G, CE, S] | £ 6.95 |
| Rice noodles stir fried with dark soya sauce and vegetables | |
| 110. Pad Kee Mow [G, CE, S] | £ 6.95 |
| Rice noodles stir fried with dark soya sauce and vegetables | |
| 111. Kao Pad [G, CE, S] | £ 6.95 |
| Thai fried rice with dark soya sauce and vegetables | |
| 112. Pad Pak [G, CE, S] | £ 6.95 |
| Stir fried mixed vegetables with garlic and soya sauce | |

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